

2010-2011

Officers

Lily Hill
President
(316)943-1437

Donna Hypse
President Elect
(316)393-6486

Becci Barlow
Secretary
(316)942-0829

Kathy McCormick
Treasurer
(316)267-5639

Deb Jones
1 yr Director

Peggy Jensen
1 yr. Director

Roberta Yacko
2 yr Director

Roberta Yacko
Chaplain

Carol Hirsh
Newsletter

Division Chairs:
Kathy Tucker
Fund Raising

Lily Hill
Projects

Carol Hirsh
Membership

Elnora Hale
Guardian Angel

News & Reminders:

- Sept 5 6:00 Labor Dayō .we will meet as usual. Membership Division will meet at 5:00 to plan Share Pilot. See note about shower on page 2
- Sept 10 Alzheimers Walkō details on page 3
- Sept 12 6:00 Social at Spanglesō we hope to have former member Jane Vaniman at the gathering.
- Sept 19 6:00 Programō RNC of First UMCō social program for adults with brain disorders. **Please bring your list of Share Pilot invitees to this meeting.**
- Oct 17 6:00 Share Pilot

TID BITS:

Rainbows . 4th Monday of each month at 3:00 pmō .at Kid& Cove

Bingo . Every 4th Monday of each month.

Levy 2nd Tues and 4th Wed of each month



Sept Celebrations

= none



= none



Welcome to our new members Barb Pint (left) and Mary Tefft (right). They were initiated by Peggy Jensen and pinned by sponsor Lily Hill on Aug 15. They bring many new talents and skills to our club.

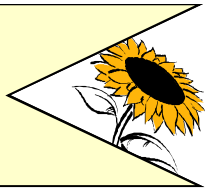
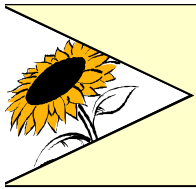


PILOT International

Dedicated to Service... Committed to Brain Health

"Protecting Your Brain For Life"

Please provide newsletter information to Carol Hirsh at our meetings, by mail, 733-0842, or cghirsh@sbcglobal.net
Information for the newsletter is due the day before the 20th of each month.



*Congratulations to Lily Hill on being
selected Prairie Pilot 2011 Sweetheart.
A gift will be given to PPF in her name.*

Happy Birthday Prairie!

Prairie Pilot will be 50 years old in March! The committee working on the celebration will include Lily Hill, Becci Barlow, Roberta Yacko, and Carol Hirsh.
Let Lily know if you'd like to join the planning committee.



Holiday House

Holiday House will be here before we know it! If you have items ready for Holiday House, you may bring them to a meeting and put them in the storage building behind the clubhouse. Please make sure you have all items priced. Peggy or Lily will have price tags. Have things bagged or boxed to avoid getting them dirty or buggy.

Good news from Presbyterian Manor....we're having a shower!



Two precious ladies at Presbyterian Manor have wishes coming true! The good news is they have improved enough to move from the nursing home to assisted living. The bad news isõ .they have gotten rid of all the things they need to put in their apartments. The nursing home is having a shower for them. If youø like to bring something, Lily and Peggy will deliver it. They need new or good used itemsõ .bedding, kitchen items, knick knacks, pictures, etc. You can bring things to either Sept meeting. What a joy for these ladies! Independence is so hard to lose.

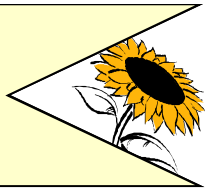
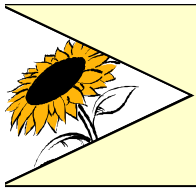
2011 Walk to End Alzheimer's

**Saturday, September 10, 2011 - NEW LOCATION!!
CESSNA STADIUM (walk through campus)** Join us for a leisurely 1.25 mile walk through the WSU campus enjoying art and music!!

**Saturday, September 10, 2011
Registration at 8:30am to 9:30am
Walk ceremony begins at 9:45am**
www.kintera.org/FAF/home/default.asp?ievent=46106

Becci Recovering from ankle replacement

Becci Barlow underwent ankle replacement surgery on Aug 22nd and is now looking at 7 weeks off her feet! She is at Sandpiper Bay doing rehab. She would love to hear from her Pilot friends. Call her at 393-3997 or send a card to her c/o Sandpiper Rehab at 5808 W 8th St N, Wichita, 67212. Lily says she looks wonderful and much younger with the horrible pain gone. God bless, Becci!



Summer Veggie Salad from Donna Hypse

- 3 C cauliflowerets
- 3 C broccoli florets
- 1 green pepper, julienned
- 1 sweet red pepper, julienned
- 1 C sliced red onion
- 1 C sliced fresh mushrooms, optional

DRESSING:

- ¼ C olive or vegetable oil
- 4 ½ tsp cider or red wine vinegar
- 4 ½ tsp lemon juice
- 1 tsp salt
- ½ tsp dried basil
- ½ tsp sugar
- 1/8 tsp cayenne pepper



In a large bowl, combine the cauliflower, broccoli, peppers, onion and mushrooms if desired. Combine dressing ingredients in a jar with a tight-fitting lid; shake well. Pour over vegetables and toss to coat. Refrigerate until serving.

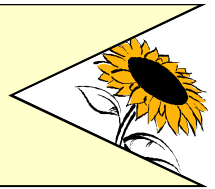
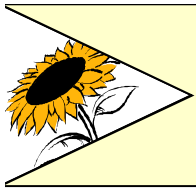
Yield: 12-14 servings



Rosie Rodriguez gave an inspired and enthusiastic program on Aug 15 as she described the mission and services of The Treehouse. The vision of The Treehouse is to foster the well-being of women and babies by offering basic necessities, programs and education supporting their growth and development. Following a baby's birth, mothers referred to The Treehouse receive a one-time layette gift filled with basic necessities. Each year The Treehouse welcomes 400 new moms into the ministry. The program is sponsored by Orthodox Christian Ministries, Inc. If you'd like to volunteer there, you may call 686-2600.

Thanks for all the snacks you provided to the Levy teachers...they were so appreciative!





We are looking for new members! AND we have some incentives to make it more fun and profitable to look!

“ Bring the most visitors to meetings and Share Pilot before July 2012 and you will win \$25! (In case of multiple visits, only the first visit counts. Visitors must be legitimate prospects for membership.)

“ Sponsor the most new members before July and you will win \$25!

In case of a tie for either award, a drawing will decide the winner.

MORE INCENTIVE FROM DISTRICT!

District will waive the \$11 dollar dues if a member sponsors two new members this year and will waive spring convention registration if a member sponsors 5 new members. These new members must be registered properly by March 1, 2012.

Prospective members are everywhere.....just look around you.

- Friends*
- Neighbors*
- Relatives*
- Acquaintances*
- Co-workers*
- Church members*
- Club members*
- Bunco buddies*
- Exercise pals*
- Someone in your doctor's office*
- Business associates*
- Store clerks*
- Volunteers in other organizations*
- New residents*
- People you encounter frequently in everyday life*
- Maybe even someone you just met*



Share Pilot will be on October 17. BRING YOUR LIST OF INVITEES TO THE NEXT MEETING...WE NEED NAME, ADDRESS, AND PHONE NUMBER OF EACH GUEST. The more members we have, the more we can do for Wichita.

KEEP YOUR EYES OPEN.... THOSE PROSPECTS ARE EVERYWHERE!

